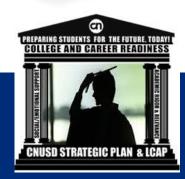
ELEANOR ROOSEVELT HIGH SCHOOL





A QUICK

INTRODUCTION

- Jenna Mendez | TK-12 District Foster
 Youth Counselor
- Annie Havard | Teacher/Advisor

MASLOW'S HIERARCHY **OF NEEDS**

Self-fulfillment Selfactualization: needs achieving one's full potential, including creative activities **Esteem needs:** prestige and feeling of accomplishment Psychological needs Belongingness and love needs: intimate relationships, friends Safety needs: security, safety Basic needs Physiological needs: food, water, warmth, rest

Necessary for learning

"PEOPLE DON'T CARE HOW M U CH YOU KNOW UNTIL THEY KNOW HOW MUCH YOU CARE"

JOHN C. MAXWELL

WHY?

- U.S. − 437,465 (up 40,000 from 2012)
- California 62,000
- Riverside County 4,700- 6,200

People who had been in foster care as children had *higher* rates of PTSD (25%) than US war veterans (12%)

CALIFORNIA

"The AFCARS Report," 2016; "Number of Children in Foster Care," 2017

WHY?

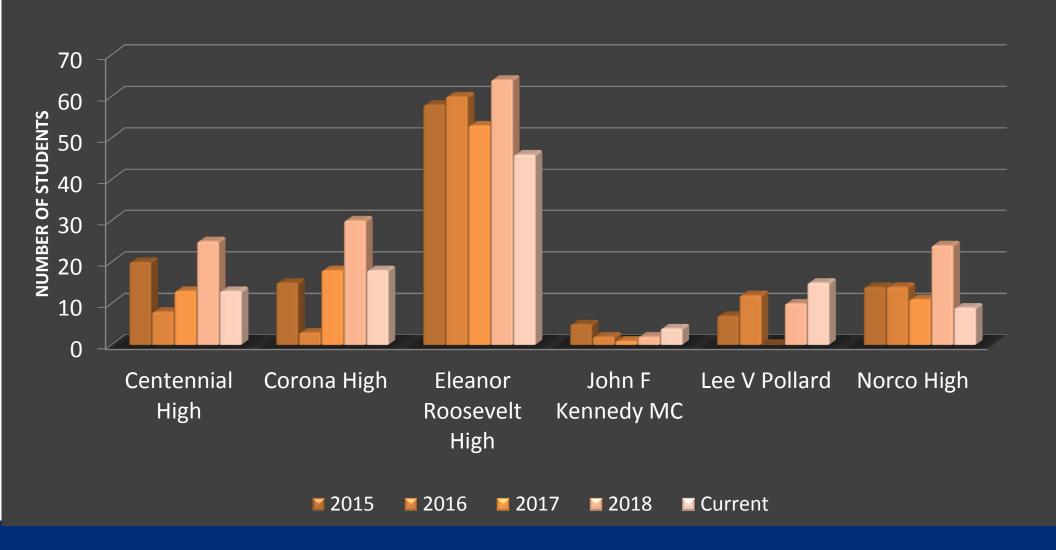
By age 24

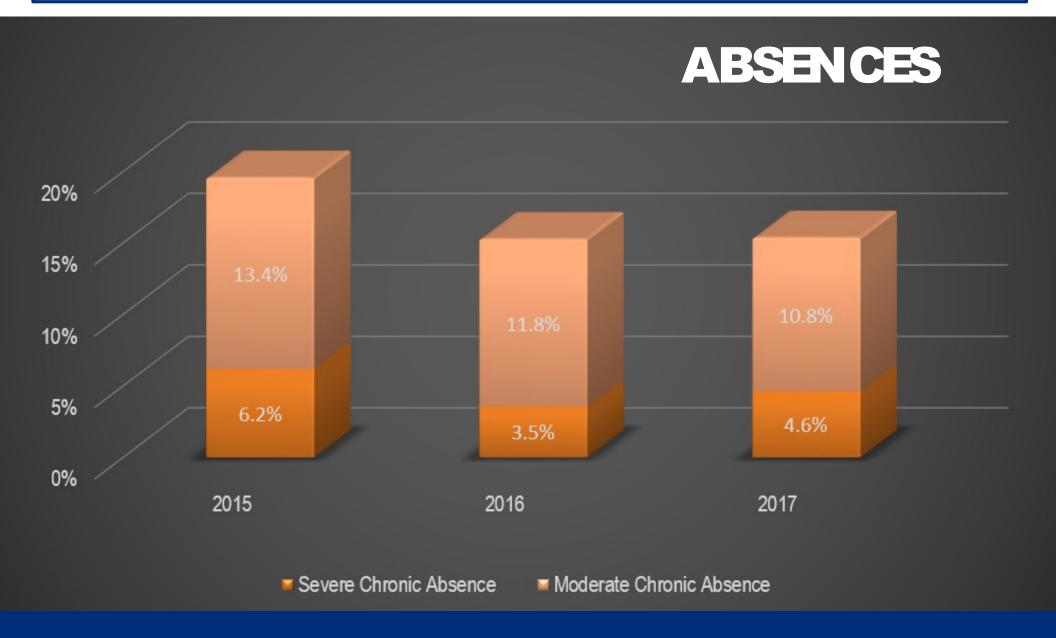
- 67% of women have children
- 60% of men have been convicted of a crime
- 24% are homeless
- 52% are unemployed
- 3% have a college degree



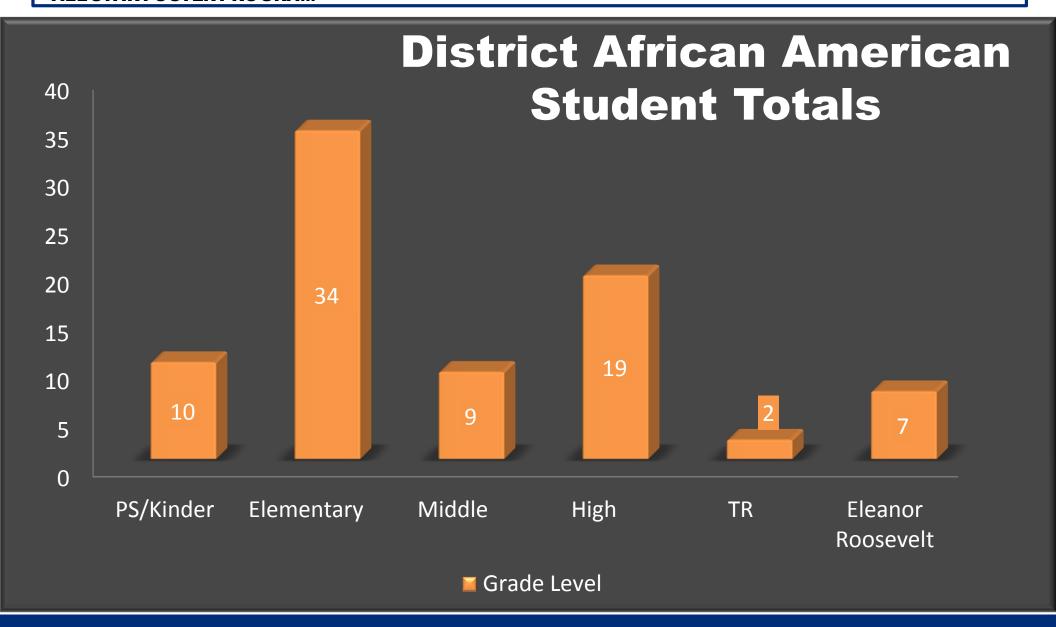
"Foster Kids Face Tough Times," 2010; National Foster Youth Institute, 2015

CNUSD NUMBERS

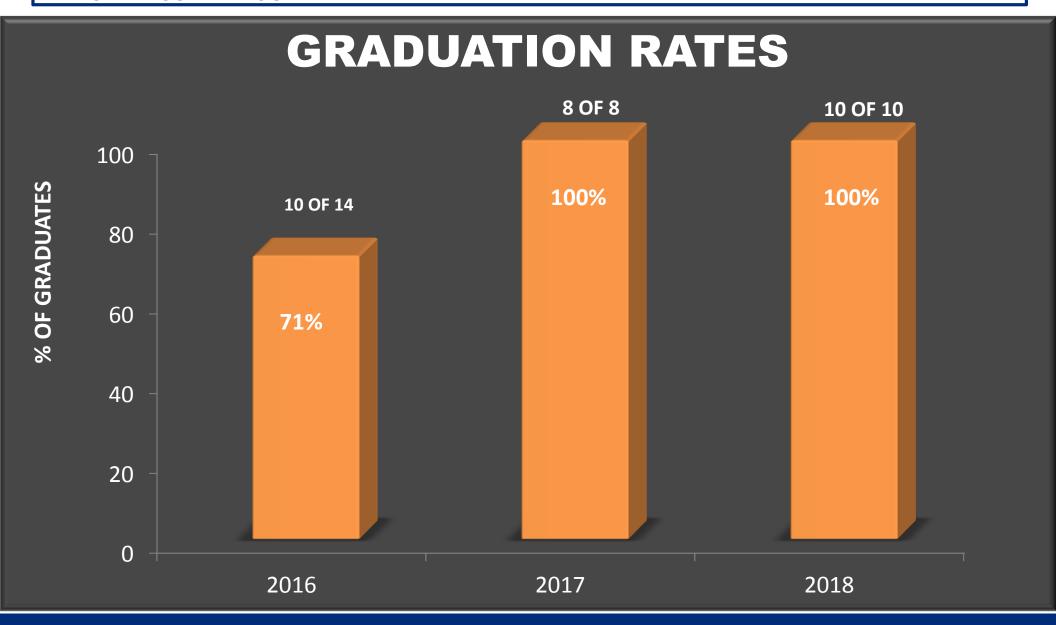












OUR ALL STAR PROGRAM

PURPOSE

Foster youth are often the *invisible* under-served population.

The purpose of the All-Star program is to empower youth with the resources needed to self-advocate, make healthy choices, and prepare for their future.

Our program is designed to build a village for these "at-promise" students.

ACHIEVEMENT

Helping close the achievement gap in terms of academics, attendance, and behavior

COMMUNITY

Increasing student engagement by establishing a social support network and providing emotional, informational, and academic support

FUTURE PLANNING

Providing opportunities and assistance in planning for the future

ALL STAR FOCUSES

OUR ALL STAR

CLUB

All foster youth are informed of this club and encouraged to be active participants.

We hold monthly meetings and check in with each student quarterly.

FOSTER SUPPORT

The club is designed to provide a safe space of students from similar backgrounds to socialize

RESOURCES+ GUEST SPEAKERS

We discuss resources for the students to access now and after they age out. We bring in guest speakers who were former foster youth or currently help foster youth

FUN + FOOD

We inform them of upcoming events and always provide food at all meetings

OUR ALL STAR

CLASS

We created a class for foster youth only with between 10-20 students

Teacher should be traumainformed and have a counseling partner

SOCIAL/EMOTIONAL

Class starts with "family time" where the focus is on social training, emotional regulation, coping/life skills, + future planning

ACADEMIC

The second hour of class focuses on academic support through tutoring, grade checks, credit recovery, and meeting with case carriers

CELEBRATIONS

We celebrate events and all victories! Birthdays, mentor events, achievements, etc.

OUR ALL STAR

M EN TORS

We created our Mustang Mentor program for foster youth to be paired with an adult staff member on campus

The program is voluntary for our students and staff

MENTOR SUPPORT

Our program is designed for our students to have an adult on campus they trust to go to. We encourage bimonthly check-ins.

TRAUMA-INFORMED

Staff are trained on how to best interact with the needs of these students and learn the basics of trauma-informed care

FUN EVENTS

We have quarterly mentor events.

Mentors are encouraged to attend

events with their mentee

OUR ALL STAR

EVENTS

We have events 2-3 times a month for our foster students

For the last 2 years, ERHS hosted the kick-off event in the form of a UNITY Forum

DISTRICT EVENTS

Events with all foster youth in the district. Guest speakers, DJs, photo booth, and lunch

FIELD TRIPS + CAMP

Field trips include to the fire station, colleges, Zoo, and UCR high ropes course. UNITY camp in Big Bear allows students space to socialize and to learn about themselves/others.

OTHER EVENTS

Lunch for the middle schools, senior mentor/mentee dinner, gifts at the holidays, conferences, etc.

PROVIDING

ACADEMIC SUPPORT

In addition to social-emotional support, we supplement our academic counselors in providing academic support for our foster students

COLLEGE/CAREER CLASS COLLEGE VISITS

Field trips to CSUSB, CSUSM, Cal Poly Pomona, CSUF, and Norco College

COLLEGE APPS

Providing assistance for all college applications, and Norco College in particular

FAFSA ASSISTANCE
ACADEMIC CHECK-IN
AB216

ALL STARS AT OTHER LEVELS

Elementary and Middle

New this is year is the extra support for middle and elementary students

Corona-Norco currently has 271 middle and elementary All Stars

MONTHLY MEETINGS GOODY BAGS/DUFFEL BAGS

Norco College packed duffel bags for each elementary student with school supplies, teddy bear, blanket, and coloring materials.

MIDDLE SCHOOL LUNCHEON-

Current All-Stars present the program to the 8th graders with lunch and raffle.

MIDDLE SCHOOL FIELD DAY

ACADEMIC CHECK-IN

SOURCES OF

FUNDING

DISTRICT

LCAP and LEA

SCHOOL SITE COUNCIL

DONATIONS

From staff, the community, Miguel's Jr., Foundation Foundation, community food bank, Corona City Rotary, etc.
Donations include monetary, food, school supplies, camp supplies, etc.

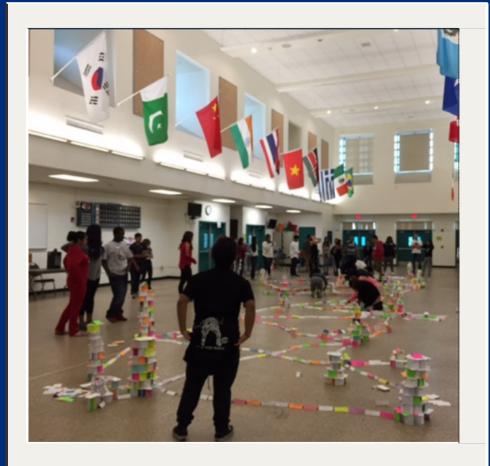
FUNDRAISERS

PARTNERING WITH LOCAL ORGANIZATIONS

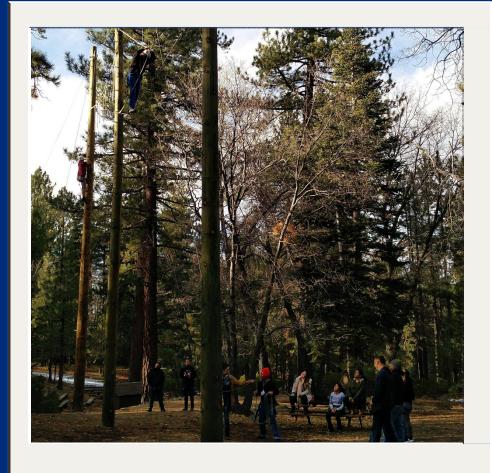
- Speakers (financial literacy, prior foster youth, non-profits, RCOE, MSWs, military, etc.)
- Financial help
- Life skills and transitioning out of the system
- Mentoring
- Field trips and college visits
- District All Star events Monthly All
- Star meetings All Star class
- Incoming freshmen outreach
- Complementary school photos



All District Forum hosted by ERHS



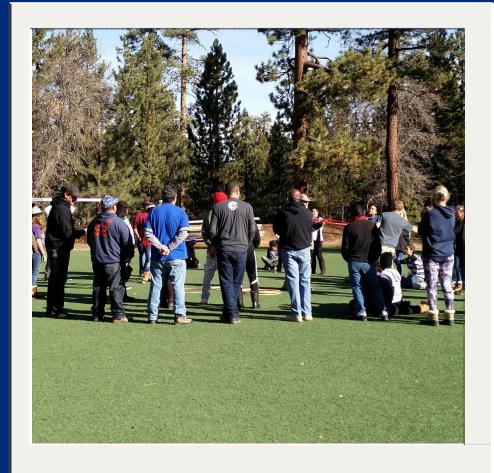
Team building/bonding



UNITY All Star Camp- Big Bear



Many different activities



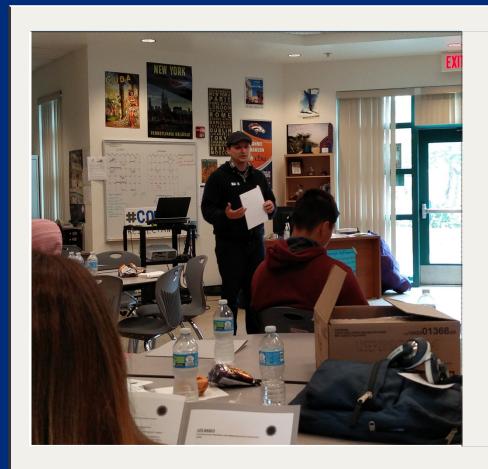
Team building and bonding



on the challenge course



Monthly Activities



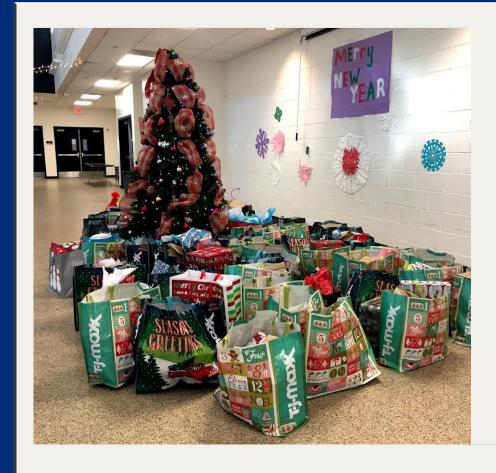
Speakers



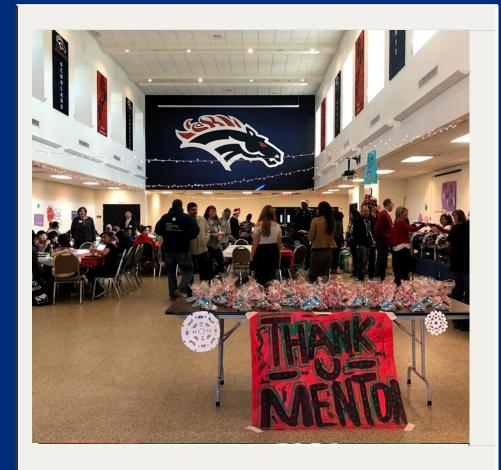
Mentor Events



Holiday Treats



Holiday Donations



Celebrations



Senior Dinner- Class of '18



Senior Dinner- Class of '17

OUR DATA SPEAKS

Our past 3 years of support has shown:

- Increase attendance
- (20%) Increase academic performance (20%)
- Decrease of behavior incidents (36%)



FUTURE

- Big Buddies our foster students working with elementary and middle school foster youth
- Pen pals with gifts at the holidays
- Meeting with foster parents and social workers
- TK-12 Foster Youth Program w/accurate data



STARTING SMALL

- Identify your at promise population- homeless, low SES, foster, behavior
- Collect data
- Support from administration and buy-in from staff
- Meet monthly-lunch, snacks
- Birthday notecards
- Mentor program
- Reach out to on campus programs (ASB, PTA)
- Explore community resources



PEOPLE WANT TO HELP, YOU JUST HAVE TO SHOW THEM WHAT YOU NEED

RESOURCES

- CA Dept of Ed: Foster Youth Services
- Foster Youth/Caregiver Resources
- Life Skills Training
- Foster Youth Education Toolkit
- LCAP/LEA and Local Control Funding
- College EOPS, Guardian/Renaissance Scholars
- Chafee Grant and other college funding sources

cde.ca.gov/ls/pf/fy/ iFoster.org InspireLifeSkills.org kids-alliance.org

Success Stories

Roshon Williams-

- Became the president of our All-Star club
- Was asked to speak at the Riverside County School Board Association's conference and introduce Steve Pemberton-Author, speaker and executive
- In RSP courses in high school
- Was accepted to Cal State Fullerton through the EOPS program and is doing very well.

... AND SO DO OUR STUDENTS' **TESTIMONIES**

ALL STARS HAS BEEN A JOURNEY FOR ME. FROM BEING A STUDENT WHO GETS IN FIGHTS AND NOT CARING ABOUT SCHOOL TO NOW I HAVEN'T GOTTEN IN TROUBLE AND I CARE ABOUT MY SUCCESS THANKS TO THE HELP THAT HAS BEEN PROVIDED FOR ME. MY MENTOR HAS HELPED ME MENTALLY TO GET MY MIND RIGHT AND HAS REALLY BEEN THERE FOR ME THROUGH THE JOURNEY. —

... AND SO DO OUR STUDENTS' TESTIMONIES

BEING IN THE ALL STARS CLASS HAS BENEFITTED ME
TREMENDOUSLY. ALSO THE TEACHERS HAVE HELPED AND
GUIDED ME THIS PAST YEAR. GOING ON THE ALL STAR TRIPS
HAS MADE ME OPTIMISTIC ON LIFE IN GENERAL. HAVING
EXTRA HELP IS NECESSARY BECAUSE IT SHOWS THAT YOU'RE
NOT ALONE. IT HAS BROUGHT ME CLOSE TO PEOPLE WHO I
WOULD USUALLY NOT TALK TO. THE TRIPS PREPARE ME FOR
LIFE AND REALITY. THE SUPPORT SYSTEM OF THE ALL STAR
PROGRAM IS STRONG AND LIKE NOTHING IHAVE EVER SEEN
BEFORE. IBELIEVE THAT IT IS GREAT TO HAVE PEOPLE WHO
GENUINELY CARE ABOUT OUR FUTURE.

CONTACTS

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